



The Essential Elements of L'Arche Belfast

'We are people with and without learning disabilities sharing life together in community'

- **Mutual relationships and trust in God are at the heart of our life together.**
- **We recognise the unique value of every person and our need for one another and we are particularly inspired by the transformative gifts of people with learning disabilities (Our Core Members)**
- **We are committed to living interdependently and we rely on the contribution of every member of the community to create something together that we could never create alone.**
- **Welcome, friendship, belonging and the recognition and celebration of our common humanity are at the core of our existence.**
- **Volunteerism and an International dimension are part of our identity.**

- **We are committed to a just world, meaningful relationships with our worldwide human family and a sustainable lifestyle that respects the earth that is home to us.**
- **We seek to be good neighbours and friends and we participate as fully as possible in the life of our local community.**
- **We refuse to be limited by any roles or identities that risk dehumanising or creating divisions between us.**
- **We are always open to finding fresh opportunities and new ways to express our mission and to respond appropriately to changing circumstances and actual need.**

